



NOVEMBER

NEWSLETTER

WELCOME TO THE ARK CENTRE



In our last newsletter we forgot to mention our newest member of staff... the lovely Bethany!

Bethany started with us in September and all the children just love her. We are very excited to have you in the team.



We all love watching fireworks, but remember sometimes they can be too loud for our little ears. It may be worth trying ear defenders if your little one struggles with the loudness.

A little bit of Christmas



We have started to look at Christmas a little bit, as although it is a really fun time of year, sometimes it can be quite difficult. Routine is often less around this time of year, lots of sounds and lights and people wearing funny things. So, if some of our children seem a bit more anxious, this may be why.

Toilet talk!



Lots of our children don't like have poos, so we have got lots of toys, books and activities based on going to the toilet to try and make it all a bit more fun and less scary

Sickness policies

As Winter is fast approaching, we feel it's a useful time to remind you of our sickness policies (as well as **COVID-19** guidelines). A reminder of the following minimum exclusion periods after illness, as recommended by the Health Protection Agency:

Sickness/diarrhea – 48 hours after final bout

High temperature – 24 hours

Antibiotics prescribed – first 12 hours

Chicken pox – 48 hours after all spots are scabbed over

We ask that if your child hasn't attended school or nursery due to illness, you also don't send them to The Ark.